

THIS IS YOUR GUIDE TO A FREE COLLEGE EDUCATION IN *HELP*

The Educational Community 501(c)(3) nonprofit corporation enthusiastically welcomes you to the first and sadly the only current forever FREE college level education that rapidly teaches the four *HELP* qualities we require to make life wonderful ... **H**appiness, **E**nough, **L**ove, and **P**eace. These *HELP* skills make our world the happy, loving, safe home you want and need for your loved ones and yourself. They are required to survive and thrive in our new era of weapons with ultimate destructive power (**WUD**). By coming here you have received live Internet links to instantly receive access to all course content.

RECOMMENDED FIRST STEP! You can begin immediately by clicking [HERE](#) to get 10 brief recordings that are the “centerpeace” of the curriculum. 2 relatively secret love creation skills teach the modern version of The Golden Rule: “*Love myself with the abundance that overflows to enrich the world.*” 7 easy to learn Mind-freeing, Life-changing, World-saving word-switches teach Einstein’s solution to create sustainable world peace and prevent the predicted human catastrophe from the unleashing of WUD, i.e. **A Newer Way of Thinking (ANWOT)**. The 10th recording (Case Study) illustrates how the 7plus2 Formula is the easiest, quickest, most enjoyable and effective way to free your wish-granting *genie organ* (cerebral cortex) to make your already significant life REALLY meaningful. Most individuals can experience the power of the 7plus2 Formula with 30 minutes study/day for 30 days and make them automatic and effortless with continued practice.

Here are some of many benefits when you learn and practice the 7plus2 Formula:

- Become your own best friend and traveling companion lifelong
- Welcome love from others instead of being dependent on it
- Bully proof your kids when you teach them to love themselves unconditionally
- Understand your life’s meaning and purpose
- Become part of the solution instead of remaining a source of the problem
- Enjoy each day with chronic enthusiasm
- Benefits beyond your imagination; some that you will create and pay forward

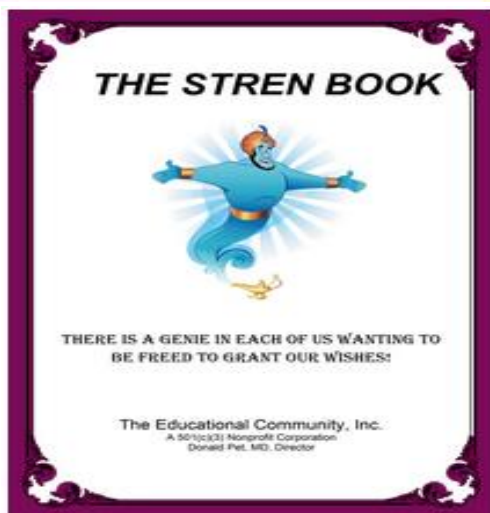
If you only learn the 7plus2 Formula, you will elevate your intentions from your innate animal brain to your puzzle solving human brain, i.e. *genie organ*. However, most individuals will choose to join Einstein’s World Peace Army, a million member movement of the ANWOT teachers essential to make our world the wonderful home we want and need. Do so by lifelong education in the universal mental skills here offered and wage peace by fighting prejudice, poverty, illiteracy, stupidity, and making war on war. It is easy as 1-2-3. 1. Continue your education lifelong. 2. Pay the skills forward with a click on your computer. 3. When you get a thank you; ask them to do what you did. Proceed to succeed by joining a Genie seminar which will be offered in this course.

EINSTEIN'S WORLD PEACE ARMY: MILLION MEMBER MOVEMENT

FREE COLLEGE LEVEL COURSE: Happiness, Love, and Peace

Go to www.peace.academy. Collect your Guide and study materials, each with one click:

- ☺ Introduction and Road Map to the course: your step-by-step study guide
- ☺ Recordings of the 7plus2 Formula: Einstein's solution narrated by Brad Shepard
- ☺ Video overview of course with slides: Greg Rollett interviews Donald Pet, M.D.
- ☺ FREE Content: 4 books; 6 websites; script, audio, and video interviews/insights
- ☺ Invitation to Genie seminars: free lifelong education, comradery, and personal growth
- ☺ Lectures from the Peace Curriculum, Central Connecticut State University
- ☺ www.worldpeace.academy: Exclusive interview - Jack Canfield/others; endorsements



www.peace.academy Click for Free books

The Educational Community (EC) content is available on our multiple websites. You can read the content on the screen and you can make a hard copy. You are encouraged to pay forward the EC gift to you as your gift to family, additional loved ones, and those in your reach. All it takes is a click on your computer. Our goal is not money; it is creating a movement of concerned citizens who will make today's dreams tomorrow's reality. Each person (you!) can start a domino effect that will circle the world. If you do only this, you will make your already significant life REALLY meaningful.

www.peace.academy: the best starting point with links to other content

www.worldpeace.academy: Video introduction to ANWOT

www.EinsteinsSolution.org: Love creation skills

www.7plus2formula.org: Script, audio, video versions of the 7plus2 Formula

www.lovingmenow.org: Brad Shepard recordings and press kit

www.ANWOT.org: equivalent to a 3 credit college course

Note: Each website contains 4 buttons that link to content:

1. **Free lottery ticket:** Link to narration of the 7plus2 Formula by speaker/actor radio host Brad Shepard and Invitation to Einstein's World Peace Army.
2. **Guide** to the *HELP* curriculum: step-by-step suggestions to proceed
3. **Free book:** "*Seven word switches to Happiness, Love, and Peace*"
4. **Overview of course:** Donald Pet, M.D. interviewed by Greg Rollett [3+ hours]

Collect free books www.peace.academy :

1. *Seven Word Switches to Happiness, Love and Peace* [Has live links to EC content]
2. *World Peace in Three Years of Less ... or Else!*
3. *The Stren Book*
4. *Ending our thought addiction before it kills you!*

Join a Genie seminar: www.Genieseminar.org

A Genie seminar is a newer more effective process of **lifelong** education to provide universal mental skills, comradery, and personal growth through shared creativity. Creating a worldwide movement of Genie seminars is the fastest most enjoyable process to make Einstein's newer way of thinking available to everyone, everywhere, at no cost so no one need be excluded. Two drunks made it happen for AA. Surely we

can make it happen for happiness, love, and peace. The Genie seminar is the best *process* to rapidly learn and popularize the *content* here offered.

HERE IS YOUR STUDY GUIDE: EINSTEIN'S SOLUTION

[Use with the [Seven Word Switches book](#)]

This college level course in *HELP* is designed to be “of the people, by the people, and for the people.” The mission of the Educational Community (EC) 501(c)(3) nonprofit corporation is to collect the wisdom of inspired teachers and make them available forever FREE to everyone, everywhere, any time. Wise leaders concluded all humankind is endowed with *the right to life, liberty, and the pursuit of happiness*. The collective genius of people all over the world is needed to create a home where people help one another and educate our citizens in the skills that make life wonderful. Working together, our combined energy will be unstoppable.

Einstein, regarded by many as our brightest mind, accurately predicted multiple tribes will use the $E=mc^2$ formula to proliferate weapons with ultimate destructive power (**WUD**) and unleash them en masse to create unparalleled human catastrophe. WUD offer no second chance. He realized that WUD have made our addiction to the win/lose “either/or” way of thinking that has been adaptable for over a billion years suddenly more dangerous than cancer, AIDs and the Black Plague. He then shared his most important insight. To survive and thrive ***We shall require a newer way of thinking (ANWOT)***. He also told us trying to solve a problem with the same way of thinking that caused the problem and expecting a different result is insanity. When brilliant people speak, it is wise to listen.

The wonderful news is that we now have the wisdom to rapidly teach ourselves the universal skills we want and need, and the technical ability to make education in these mental skills available at little or no cost. This is the first and sadly the only educational program that exceeds all the criteria required to proceed to succeed in creating Einstein's ANWOT solution to the BIGGEST Puzzle we must solve:

Why do we fill our world with fear, hate, scarcity, and war when we want and need HELP. ...Happiness, Enough, Love, and Peace?

The EC curriculum to teach happiness, love, and peace is evergreen, welcomed by all tribes; easy to teach and learn by ordinary citizens; is enjoyable, quick, effective and efficient; creates rapid measurable results by most with 30 minutes study/day for 30 days; becomes automatic and effortless with continued use; can be made rapidly viral on the Internet and mass media through the domino effect; and is guaranteed forever FREE to everyone, everywhere, anytime so no one need be excluded. Please notify the EC if you know of any other plan that meets these requirements so we can strengthen our efforts. Popularizing ANWOT through the 7plus2 Formula is presently our best hope to save our loved ones and humanity from the threat we ourselves create.

There are many paths to the top of a mountain. I here acknowledge specific teachers whose combined wisdom inspire the EC curriculum. I mention Einstein, Jerome Frank, Jack Canfield and Patty Aubery, Neale Donald Walsch, and Barbara Marx Hubbard whose insights will be conveyed in the course content. I have been privileged by several thousand individuals who allowed me to share the wisdom of their successes and failures in my professional role. [Donald Pet, M.D./Greg Rollett interviews; link [Overview](#) module 4]

Knowledge is humankind's source of great power. It may be used for constructive and destructive outcomes. Wisdom is the direction of power to preferred outcomes. A muscle is comprised of many strands; each strand adds physical strength. Mental-spiritual strength grows with each new bit of wisdom. This guide offers multiple strands of wisdom (**strens**) which you will find in the content. You are encouraged to correct and improve the content and add your creative genius to this early pioneering attempt to solve the BIGGEST Puzzle. You will have an opportunity to do so through Genie seminars. The Guide offers an orderly way to proceed. Use this guide to create your own pathway to ANWOT and make your contribution to the greater whole.

Each topic is a piece of the puzzle, a bit of wisdom that will make you "newer," a term suggested by Barbara Marx Hubbard. By collecting strens, anyone can become a mental wealth millionaire where value is measured in spiritual wealth above physical wealth. Mental-spiritual wealth millionaires consistently sustain a meaningful life experience, even when the world is unfair, while material-physical wealth millionaires more commonly remain dependent on external events for their well-being.

If you choose to proceed according to this Guide, look for 4 buttons on our websites. Start with the [Winning lottery ticket](#), the live link to Brad Shepard's recordings of the 7plus2 Formula. Obtain this [Guide](#) by the second button. The [Free book](#) button links to the *Seven Word Switches* book that answers questions posed in this Guide. The Pet/Rollett [Overview](#) button offers a detailed explanation of the Educational curriculum and mission.

Jump start with the Brad Shepard's recordings of the 7plus2 Formula to rapidly elevate your thinking and love creation skills. The Grasshopper Joe story illustrates *what* you do rapidly works even without needing to understand *why* or *how* it works. *HELP 101* visits the 7plus2 Formula to make these *centerpeace* skills automatic and effortless. *HELP 102* introduces you to 10 pieces of the puzzle that *sustain* the ANWOT skills. *HELP 103* answers the "*why*" and "*how*" it all works. Enjoy being enlightened to the questions that make our world really amazing. Learn about Genie seminars and your opportunity to enjoy lifelong education.

TOPICS: Get answers to important questions.

[Link to [Seven Word Switches book](#)]

- What are the essential 4 qualities to survive and thrive: *HELP*
- What are the special features of the EC Curriculum and Books?
- Will it work if I don't know how or why? Grasshopper Joe's story
- Can we survive the fatal addiction we don't know we have?
- What are the benefits?
- The Problem: What is The BIGGEST Puzzle we must solve?
- Video: *Why do we do nothing?* www.anwot.org

HELP 101: CREATING *HELP* → THE 7PLUS2 FORMULA p.17

- What is a *trigger word*? A *word switch*?
- The 7plus2 Formula
 - a. What are two powerful yet still secret love creation skills?
 - b. What seven Mind-freeing, Life-changing, World-saving word switches have the power to create ANWOT?
 - c. Can we learn from a case study that illustrates success?
 - d. What is the 30 day Challenge
- What five ingredients are needed to proceed to succeed?
- What is Einstein's most important insight?
- What is the source of human power? Epictetus's discovery

HELP 102: 10 PIECES OF THE PUZZLE TO SUSTAIN H.E.L.P. p.42

- Why does Einstein consider imagination the most important event?
- What are the pieces of the peace puzzle that make life wonderful?
 - a. What puzzle piece is the centerpeace? The 7plus2 Formula
 - b. What is the addiction about to slay us that we don't yet know?
 - c. Why must we create new words to our language glossary?
 - d. What is the "new" story of us? Is it more accurate than "his" story?
 - e. What is a Genie seminar? Is it a powerful tool for change?
 - f. What are universal success principles? Can we teach them?
 - g. What eight choices are available to our free will? The Mental Freedom Control Panel (MFCP)

- h. Can we create a *universal symbol* with the power of *tribal symbols* (flags, religious icons, political symbols)?
- i. Is there a Supreme Law that governs **all** things? Animate and not?
- j. Can we have what we want and need without action? What is the ***Call to Action?***
- Do we require new words to elevate our thinking? ... Margaret Mead
- **What is the Genie seminar? Can it revolutionize education?**
Book: Ending Our Thought Addiction, Chapter 8, pp. 115-128
- The Coin Flip Story

HELP 103: Why and How It Works p. 50 ff.

- *How* and *why* does the 7plus2 Formula work?
 - a. What distinguishes animate life from inanimate life?
 - b. What distinguishes humankind from other life?
 - c. The importance of story: symbols; imagination
- What is a movie?
- What is the significance of symbols?
- Why is imagination a critical event in humankind history?
- What is the power of stories?
- How can our genie organ predict the future?
- Why do we require new symbols?
- What is cosmology?
- Why is it important to understand our history?
- What is the updated story of our origin?
- What is the scientific method?
- What is the updated story of humankind?
- What is the evolution of the power of stories?
- What is the history (evolution) of education?
- What is the newest “our” story to update “his” stories of humankind?
- What are the important characteristics of the animal brain? human brain (genie organ)?
- What is the relationship of the animal brain to the genie organ?
- How does the genie organ distinguish us from other species?

- What are the features of “thoughts” and “thinking”?
- What is the importance of knowledge?
- What is wisdom? What is stupor? Their relationship?
- What is the evolution of our sensorimotor operating system?
- What is the relationship of energy to “love” and “hate”?
- Why is the word switch “both...and” so powerful? The coin flip story.
- What is the story of the evolution of multiple expressions of love?
- How do expressions of love change over time?
- **Can you recognize six expressions of energy as “love” and “hate”?
What is the relationship of tribal love to universal global love? p. 71**
- How does the evolution of love awaken us to critical insights?
- When does love create hate and hate create love?
- What is our primary signaling system? Secondary signaling system?
- **What can we learn from the evolution of sexuality? p. 75**
- Why is the love of power more prominent than the power of love?
- What do we know about addiction?
- Why are our leaders tribal?
- Why are we our own worst enemy?
- **Why is understanding the animal brain’s addiction to tribal thinking essential? p. 77**
- Why is it important to teach Einstein’s ANWOT solution?
- What is the most dangerous addiction?
- Is there a “cure” for *either/or* addiction?
- Is species suicide inevitable?
- What is the cause of war?
- When is war constructive?
- Why is win/lose war suddenly obsolete?
- What is the Supreme Law of Orderliness and Predictability?
- What is the source of the Supreme Law?
- What is peace?
- What is the cause of sustainable peace?
- Why are we suddenly in a race between Nirvana and Armageddon?
- **What are placebos? When are they beneficial? dangerous? p.82**

- How shall we deal with antisocial behavior? Punishment? Education (“re-habiting”)?
- A CALL FOR ACTION
- *What is the Gennie seminar? p.83; BOOK: Ending Our Thought Addiction before it kills You, Chapter 8, The Genie Seminar, 115-128.*
- What were our early assumptions of the story of us? Present ones?
- What is the evolving newer story of who we are? And our purpose?
- What does enlightenment to the Law of Orderliness and Predictability add to past and present assumptions?
- What is religion? What is science?
- What is the relationship between religion and science?
- Revisit the Grasshopper Joe story: Can we benefit when we don’t understand “how” and “why.” p. 86.
- *Revisiting Epictetus: How do our assumptions control our life’s experience? pp. 87-91*
- When is “normal” insane? and “insane” is normal?
- Does humankind have a purpose? A mission?
- *How can I recognize when I am becoming my own person? pp. 92-96*
- Epilogue: What have we learned?
- What is the call to action?

DISCUSSION

- What can we learn from the evolution of our senses? Our story? Our education? Love and hate? Gender (sex)
- How are tribal love and global love different? Similar?
- Do we need a new structure?
- What is the Peace Room?
- Who is Donald Pet M.D.?
- What is The Educational Community?

NOTE: The last page of “The Seven Word Switches” book (111) is a tear out study sheet to learn the 7 word switches until it is no longer needed.

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CONGRATULATIONS and thank you for being a pioneer in the launching of the first free college level program to join creative minds to teach and popularize Einstein's solution. This *HELP* curriculum and Guide is in continual process of development. Please continue to be a source of leadership as we expand and update this Guide, EC content, and Einstein's World Peace Army movement. Together, we will make our world the happy safe home we want and need so our loved ones can enjoy the benefits we experience.

Note: The Educational Community is currently in the process of completing the Genie seminar program where you can be assigned to a seminar and choose to become a facilitator in a group. Go now to www.Genieseminar.org to let us know your interest and you will be notified when we launch. Meanwhile, we encourage you to start the college level education in HELP: Happiness, Enough, Love, and Peace by going to www.peace.academy and collecting your content information, free books, recordings, etc. Start with the recordings by Brad Shepard by clicking on the "Free lottery ticket" button. The "Guide" button and "Free Book" buttons will provide a step-by-step plan to proceed.

"Only the educated are free" ... Epictetus